

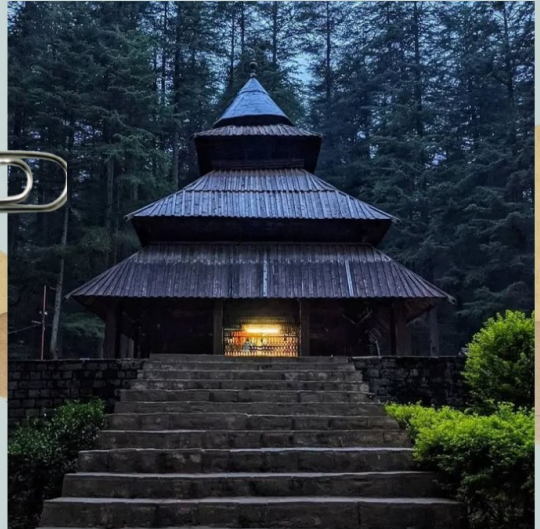


HP-API CHAPTER

10th -12th October, 2025.

*Venue: Atal Bihari Vajpayee Institute
of Mountaineering and allied sports,
Manali*

HP API chapter
presents the 26th
conference cum
CME Programme



Amidst the whispering pines and mountain air,
join us for a journey of minds and meaning.

Organizing sec.& co-sec.

Dr. Kalyan Singh

Dr. Nitesh Kumar

hpapicon@gmail.com





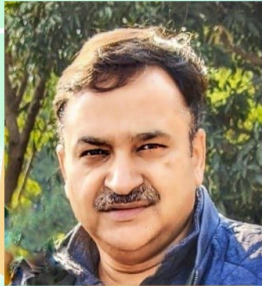
CHAIRPERSON:
**PROF & HOD DR. RAJESH
BHAWANI**



GENERAL SECRETARY:
ASSO. PROF DR. SATISH KUMAR



VICE CHAIRPERSON:
ASSO. PROF DR. VIVEK SOOD



HP-APICON GOVERNING BODY 2025

TREASURER:
**ASSO. PROF DR. RAVI
SHARMA**



EXECUTIVE MEMBER:
DR. KALYAN SINGH



EXECUTIVE MEMBER:
PROF DR. ARVIND KANDORIA





**Prof. & HOD Medicine
Dr. Balbir Verma
IGMC Shimla**

**Asso. Prof.
Dr. Satish Kumar
IGMC Shimla**

**Prof. Dr. Sujit Raina
RPGMC Tanda**

**Asso. Prof. Dr. Surender
Thakur
SLBS GMCH Mandi**

SCIENTIFIC COMMITTEE

**Asso. Prof. Dr. Vivek Sood
RPGMC Tanda**

**Dr. Nitesh Kumar
RH Kullu**

**Dr. Kalyan Singh
RH Kullu**



**October 10, 2025.
Session-I**

Young Minds, Bright Ideas: Residents Research showcase

CHECK-IN

2:30pm

Welcome Drink

2:30pm

**PAPER PRESENTATION AND
POSTER DISPLAY**

3:30 pm - 7:00pm

Judges:

**Dr Ramesh Patial || Dr Rajesh Kumar Bhawani || Dr Hemant Kumar
|| Dr Desh Raj || Dr Manjul**

Welcome Dinner

7:30pm onwards

HPAPI-CHAPTER

DAY 2

October 11, 2025.



SESSION I 9:00a.m. - 11:00 a.m.

Talking Infection, Saving Lives: The Public Health Imperative

Chair person & co -Chairs :

Dr SS Kaushal || Dr Vijay Sehgal || Dr Rajesh Thakur || Dr SK Raghav || Dr Guman Negi

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|---|--------------------------|----------------------------|
| 1. Sepsis: Time Lost is Life Lost | 9:00 a.m. to 9:20 a.m. | Dr. Surender Thakur |
| 2. Differential Diagnosis of:
Acute Tropical Infection in
Northern India | 9:21 a.m. to 9:40 a.m. | Dr. R.C. Negi |
| 3. Delirium in Geriatrics:
More than Metabolic Causes
and Stroke | 9:41 a.m. to 10:00 a.m. | Dr. Seerat Parmar |
| 4. Complicated UTI: Gender-
Specific Risk,
Presentation and
Management | 10:01 a.m. to 10:20 a.m. | Dr. Subhash Chander |
| 5. "Smooth Criminal" - Sepsis as
Endocrine
Disorder | 10:21 a.m. to 10:40 a.m. | Dr. Sanjay Mahajan |
| 6. MDR TB in 2025: New Drugs
Early Diagnosis & New Hope | 10:41 a.m. to 11:00 a.m. | Dr. Surabhi Jaggi |

INAUGURATION CEREMONY AND WELCOME ADDRESS FOLLOWED BY REFRESHMENTS

11:00am - 11:40am

hpapicon@gmail.com



SESSION II a **11:40a.m.- 1:40 p.m.**
Women health challenges: A General Medicine perspective

Chair person & co -Chairs :

Dr Neerja Chandel || Dr Anu Sharma || Dr TanuShri Dogra || Dr Lalita Bansal || Dr Dechen Wangmo

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|--|--------------------------|-----------------------------|
| 1. Silent Intruder: Autoimmune Thyroid Diseases in Female Infertility and Pregnancy Loss | 11:40 a.m. to 12:00 p.m. | Dr. Preyander Thakur |
| 2. Pregnancy and Hypertension | 12:01 p.m. to 12:20 p.m. | Dr. Bimal Bharati |
| 3. Raynaud's Phenomenon in Young Women: Cold Clue to Deeper Diagnosis | 12:21 p.m. to 12:40 p.m. | Dr. Sandeep Chauhan |
| 5. Balancing Risk: Monitoring & Managing Persistent Thrombocytopenia even during Pregnancy | 12:41p.m. to 1:00 p.m. | Dr. Vineet |
| 6. Two Lives at Risk: Managing Pregnancy in SLE and APLA Syndrome | 1:01 p.m. to 1:20 p.m. | Dr. Anshul Goel |

LUNCH BREAK AND NET-WORKING

1:20p.m.- 2:00 p.m.

SESSION II b **2:00 p.m.- 2:40 p.m.**

Chair person & co -Chairs :

Dr Rajesh Kashyap || Dr RL Gupta || Dr Parmod Kumar Sinha || Dr Ravi Sharma || Dr Prem Bhardwaj

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|--|------------------------|----------------------------|
| 1. Interstitial Lung Disease Newer Advances in Diagnosis and Treatment | 2:01 p.m. to 2:20 p.m. | Dr. Sunil Sharma |
| 2. Common mistakes in diagnosis & management of hyperprolactinemia | 2:21 p.m. to 2:40 p.m. | Dr. Kush Dev Jaryal |



SESSION III 2:40 p.m.- 4:15 p.m.

After touching the high tides of diabetes and dyspnea lets anchor us in the domain of cardiology - where every beat matters.

Chair person & co -Chairs :

**Dr ML Kaushik || Dr Naveen Naru || Dr Santosh K Dheer || Dr Subhash Chand Dheer
|| Dr Jitender Sandhu**

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|---|------------------------|-------------------------------|
| 1. Resistant Hypertension and Blood Pressure Variability:
How to manage? | 2:41 p.m. to 3:00 p.m. | Dr Tarun Sharma |
| 2. Anticoagulant Across Indications:
Evidence - Based,
Cost-Conscious Choices | 3:01 p.m. to 3:20 p.m. | Dr Satish Kumar |
| 3. High Risk for SCD and How to Deal
with Each Factor &
any use of AI-Enabled Wearables | 3:21 p.m. to 3:40 p.m. | Dr. Prakash Chand Rana |
| 4. Statins and Antiplatelets in Primary
CAD Prevention: Evidence, Guidelines,
and Clinical Practice | 3:41 p.m. to 4:00 p.m. | Dr. Jai Bharat Sharma |
| 5. COPD & CVD: a Deadly Duo | 4:01 p.m. to 4:15 p.m. | Dr. Rajesh Bhawani |

HIGH TEA

4:15 p.m.- 4:30 p.m.



SESSION IV **4:30 p.m.- 6:00 p.m.**

Preventing the preventable: Silent ongoing surge, how to tackle Type2 diabetes?

Chair person & co -Chairs :

**Dr Rajesh Kumar Bhawani || Dr BS Mehta || Dr Peeyush Vaidya || Dr Mayank Bhargwa
|| Dr Roshan Thakur**

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|---|------------------------|--------------------------|
| 1. Type 2 Diabetes: A Preventable Pandemic, if yes, how and how much? | 4:30 p.m. to 4:50 p.m. | Dr. Rajesh Sharma |
| 2. Obesity: The mother of modern Pandemics- a call to break the CASCADE | 4:51 p.m. to 5:10 p.m. | Dr. P.C. Negi |
| 3. Importance Of Correct Classification of Diabetes | 5:11 p.m. to 5:30 p.m. | Dr. Vinay Dogra |
| 4. SGLT2i: A Molecule Of the Millenium | 0:00 p.m. to 0:00p.m. | Dr. Preetam Chand |
| 5. Hyperglycaemia and the Melting Muscle: Unveiling the Silent Burden of Sarcopenia in diabetes | 5:31 p.m. to 5:50 p.m. | Dr. Rajiv Raina |

SESSION V **6:00 p.m.- 6:40 p.m.**

**Let's WAKE UP AND BE ALERT TO CHALLENGE OUR BRAINS
"NEUROLOGY"**

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|---------------------------|------------------------|------------------------|
| 1.Stroke and intervention | 6:00 p.m. to 6:20 p.m. | Dr. Vivek Gupta |
|---------------------------|------------------------|------------------------|



2. Parkinsonism unmasked: 6:21 p.m. to 6:40 p.m. **Dr. Amit Bhardwaj**
Multidimensional Approach to
Diagnosis,
Care and Quality of life

Final Pearls +Audience Q&A

GBM

GALA DINNER 8:00 PM ONWARDS

A hearty evening to unwind the neurons and refill the endorphins.



DAY 3

October 12, 2025.

SESSION I

9:30am - 10:30 am

Mixed bag: Poisoning, AKI and Cancer: is it still incurable?

Chair person & co -Chairs :

**Dr Rajiv Raina || Dr Rajesh Sharma || Dr Rajender Negi || Dr Himanshu Kapoor
|| Dr Lokesh Chaudhary**

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|--|--------------------------|------------------------------|
| 1.Acute Organophosphorous poisoning updates | 9:30 a.m. to 9: 50 a.m. | Dr. Vivek Chauhan |
| 2. Cancer: is it still incurable? | 9:51 a.m. to 10:10 a.m. | Brig. Dr. Ajay Sharma |
| 3. AKI-Community and Hospital Acquired | 10:11 a.m. to 10:30 a.m. | Dr. Ajay Chauhan |
| 4.Novel anemia therapies in chronic kidney disease | 10:31 a.m. to 10:50a.m. | Dr.Vivek Sood |

0:00 p.m. to 0:00p.m.



SESSION II

10:30am - 11:40 am

Chair person & co -Chairs :

**Dr Laxmi Nand || Dr Subhash Chander || Dr Surender Thakur || Dr Vijay Bodh
|| Dr Sandeep Singh || Dr Amit Kumar**

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|--|--------------------------|----------------------------|
| 1. Opening Remarks and introduction
CLD global and Indian burden and Trends | 10:51 a.m. to 11:00 a.m. | Dr. Ghanshyam Verma |
| 2. Diagnostic approach and complications of Cirrhosis | 11:01 a.m. to 11:20 a.m. | Dr. Naveen Kumar |
| 3. Risk stratification and transplant referrals | 11:21 a.m. to 11:40 a.m. | Dr. Mankare Sudhir |
| 4. Discussion | | |